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### IN THIS ISSUE

- The Difference Between the IBS Treatment Center and Your Other Doctors
- Suggestions from Becky, Our Nutritionist

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## MEET OUR PHYSICIANS

## The Difference Between the IBS Treatment Center and Your Other Doctors

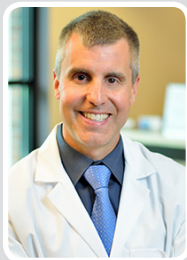
### What's the difference between the IBS Treatment Center and your GP or Specialist?

In short - lots!

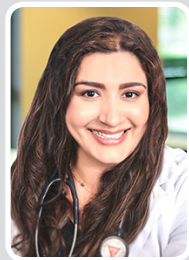
But first, let's review the usual sequence of events that many of you have been through:

1. You make an appointment with your General Practitioner and explain that you feel miserable and can't do the things you used to.
2. You are put through a gamut of tests to "rule out" any fatal conditions.
3. The lab work comes back negative, your doctor is pleased, and you are sent home with a diagnosis of IBS and possibly a generic diet plan.
4. You see a gastroenterologist, they recommend a colonoscopy.
5. You diligently follow the list of what not to eat and take the drugs you are prescribed. You still feel miserable - except now you can explain it as IBS.
6. You return to your doctor after a couple months because the diet and pills aren't working. You are told you just have to live with IBS and maybe someday it will go away on its own. That's the only hope you are given.
7. You still aren't better.

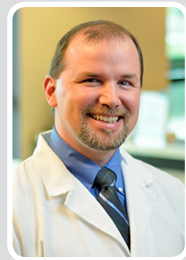
Does that sound familiar? We are sincerely sorry you went through that. If you'd like to share your story with us, please email it to us [info@IBSTreatmentCenter.com](mailto:info@IBSTreatmentCenter.com). We'd love to hear it. But read on to read the rest of the story.



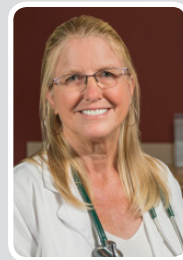
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## The Difference Between the IBS Treatment Center and Your Other Doctors *cont.*

Here's why we are different:

1. We fully expect to be able to SOLVE your IBS so you can get back to a healthy, fun, and rewarding lifestyle.
2. We consider IBS as the root problem, not a last-resort diagnosis.
3. We start by assessing the potential triggers of your IBS to get a real understanding of how it affects your daily life.
4. The tests we do are specific to IBS. GP's have a broad understanding of all different ailments, from arthritis to the Zika virus. And gastroenterologists know colon cancer. In contrast, our staff is focused only on curing IBS. We are looking for things your doctor didn't consider, or perhaps doesn't even know about.
5. IBS is a puzzle and we are IBS detectives. We focus on causes and effects and on symptoms that, until now, you didn't consider to be related. We work hard to understand the underlying causes.
6. Once our analysis is at a place where we have a better understanding of your specific condition and needs, then we prepare a customized treatment plan to get you on the road to recovery. And we don't stop working with you until we can help you get back to the fun life you deserve!

### Which option sounds better to you?

I'm not going to tell you there is a quick fix for IBS. There isn't. But there is a way to be cured of it for good. First you have to put out the fire. Then you have to rebuild the structure. The success of our clinics and the lives we have changed are based on the process described above, and it works when you are an active participant in rebuilding your health and committed to the process.

Our doctors are experts in diet, nutrition, probiotics, botanical medicines, supplements, and the benefits and side-effects of medications for digestive problems. Your best options will be fully explained to you. Rest assured, we will not simply pump you full of drugs and tell you you're cured. We monitor what works and what doesn't and then customize your treatment to suit your specific condition.

Our success with IBS patients, especially those who have been unable to get well with other doctors, is unmatched by any other facility - anywhere. Since 2005, we have been helping people just like you eliminate IBS from their lives. Our doctors and medical assistants are the best of the best, and part of being the best is caring deeply about changing the lives of every individual who comes through the door.

We've been doing this for more than 10 years now and have built a reputation as the LAST STOP for patients who have been bounced around from specialist to specialist. People ask us all the time where they can get this type of treatment closer to home. It makes us both proud and regretful that our facilities in Seattle and Santa Monica are the only clinics in the entire nation that are focused solely on IBS.

Patients from 49 states and many countries around the world have made the trip to our clinics. We would love to welcome you, too. Only the first consultation needs to be done in person. After that, we can treat you from a distance communicating by phone, Skype, email, etc. We make it as easy as possible for you at every stage. Even better is that we are not limited by health insurance contracts, which means your treatment is not based on the "expertise" of a third party who has never met you.

I'm not trying to give you a sales pitch. I want to give you hope. Please, reach out and contact us if you want to be another one of our thousands of our success stories. We can help you get back to the lifestyle you think is gone forever.

The first step is yours. Call us or send an email so we can get started on improving your life immediately.



## Suggestions from Becky, Our Nutritionist

I'd like to introduce you to Shopwell. This is my favorite new app, because it allows you to scan the barcode on over 350,000 products and quickly learn if that food is right for you! You can program it to avoid the things that you don't want, such as dairy, gluten, soy, corn, or egg. It can even tell you if a product is vegan, vegetarian, or otherwise healthy for you. And you can set it to help you eat more of the things you want, such as calcium, fiber, or whole grains. At home or in the store, simply scan a food's barcode to get nutrition info and find out if the food is right for you. Of course, eating whole food is best of all, and there's no way to scan whole food. But hey, it's free. Visit [Shopwell.com](http://Shopwell.com) for more information.



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